Power I
29 Crack Toss vs. 4-4

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14 Blast Draw vs. 5-3

Power I
24 Blast Pass Flood

Tight Wishbone
18 Sweep vs. 4-4 Split

Tight Wishbone
34 Cross Lead vs. 6-2

Tight Wishbone
Fake 42 Wedge Y Pop Pass
SHOOT 18 KEEP VS. 5-2

SHOOT 34 LEAD VS. 4-4

SHOOT MAX DEEP PASS
**DOUBLE WING**

**43 WEDGE VS. 5-3**

**O-LINE:** WEDGE BLOCKING

**QB:** OPEN PLAYSIDE, HAND OFF TO FULL BACK, AND BOOT AWAY.

**TE’S:** PLAYSIDE: WEDGE BLOCKING. BACKSIDE: WEDGE BLOCKING.

**2 BACK:** GET DEPTH, FAKE END AROUND

**3 BACK:** GO IN SHORT MOTION, SELL RUN WEAKSIDE

**4 BACK:** LINE UP 1 TO 2 YARDS BEHIND QB. TAKE HANDBOFF PLAYSIDE.

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**DOUBLE WING**

**38 SWEEP VS. 6-2**

**O-LINE:** TRACK BLOCKING HEAD UP TO BACKSIDE. BACKSIDE PULLING TACKLE PULL FOR PLAYSIDE 2ND LEVEL DEFENDER.

**QB:** OPEN WEAK, QUICK TOSS TO 3 BACK, THEN LEAD BLOCK FOR CORNER OR WIDEST DEFENDER

**TE’S:** PLAYSIDE: TRACK BLOCKING HEAD UP TO BACKSIDE. BACKSIDE: CUT OFF.

**2 BACK:** TRACK BLOCKING HEAD UP TO BACKSIDE.

**3 BACK:** GO IN SHORT MOTION, CATCH THE TOSS, RUN SWEEP COURSE.

**4 BACK:** SWEEP COURSE BLOCKING FOR MOST DANGEROUS MAN.

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**DOUBLE WING**

**38 SWEEP HB PASS**

**O-LINE:** BLOCK HEAD UP TO PLAYSIDE. PULLING TACKLE: SET PLAYSIDE EDGE OR PICK UP ANY LEAKAGE

**QB:** OPEN WEAKSIDE, QUICK TOSS TO 3 BACK, FAKE SWEEP AND BLOCK MDM.

**TE’S:** PLAYSIDE: RUN 1 YD FLAT ROUTE, POSSIBLE QUICK THROW. BACKSIDE: CUT OFF.

**2 BACK:** RUN 6-8 YARD CORNER ROUTE. *SNEAK THROUGH AND GET LOST IN TRAFFIC

**3 BACK:** GO IN SHORT MOTION, CATCH THE TOSS, RUN SWEEP COURSE. THROW CORNER ROUTE IF OPEN, THEN LOOK TO FLAT, TO RUN THE BALL.

**4 BACK:** SWEEP COURSE BLOCKING FOR MOST DANGEROUS MAN.
**JUMBO 24 BLAST VS. 6-2**

O-LINE: MAN BLOCKING. IF UNCOVERED, DOUBLE TEAM PLAYSIDE TO 2ND LEVEL. HANG 2ND PLAYSIDE LB FOR FULLBACK.

QB: OPEN PLAYSIDE, DOWNHILL HANDOFF TO 2 BACK.

TE’S: SAME RULES AS O-LINE.

2 BACK: DOWNHILL COURSE, TAKE HANDOFF.

3 BACK: KICK OUT FORCE/WIDEST DEFENDER.

4 BACK: DOWNHILL LEAD BLOCK ON 2ND LB PLAYSIDE.

**JUMBO 23 MIKE VS. 5-3 BEAR**

O-LINE: MAN BLOCKING. IF UNCOVERED, DOUBLE TEAM PLAYSIDE TO 2ND LEVEL. HANG 2ND PLAYSIDE LB FOR THE 4 BACK.

QB: OPEN PLAYSIDE, DOWNHILL HANDOFF TO 2 BACK, BOOT AWAY.

TE’S: SAME RULES AS O-LINE.

2 BACK: DOWNHILL COURSE, TAKE HANDOFF.

Z: CUTOFF.

4 BACK: DOWNHILL LEAD BLOCK ON 2ND LB PLAYSIDE.

**JUMBO FAKE MIKE PASS Z CORNER**

O-LINE: TRACK BLOCKING, STAY ON COURSE AND BLOCK WHO SHOWS UP. SELL THE RUN.

QB: OPEN WEAKSIDE, DOWNHILL FAKE TO 2 BACK. BOOT AWAY. READ CORNER ROUTE, TO SLOW FLAT, TO RUN.

TE’S: Y: SLAM DOWN ON DEFENDER INSIDE OF YOU, TURN AND RUN TO FLAT BACKSIDE: SAME RULES AS O-LINE.

2 BACK: DOWNHILL COURSE, FAKE HANDOFF.

Z: INSIDE RELEASE TO FAKE CUTOFF, THEN RUN 6-8 YARD CORNER ROUTE.

4 BACK: DOWNHILL LEAD BLOCK PLAYSIDE.
POWER I

29 CRACK TOSS VS. 4-4

O-LINE: ZONE BLOCKING. HEAD UP TO PLAYSIDE. IF UNCOVERED, WORK DOUBLE TEAM PLAYSIDE TO 2ND LEVEL.

QB: OPEN WEAKSIDE, TOSS TO 2 BACK.

TE’S: CUTOFF BACKSIDE.

2 BACK: QUICK JAB WEAK, CATCH TOSS THEN SWEEP COURSE.

3 BACK: SWEEP COURSE, BLOCK MOST DANGEROUS MAN.

4 BACK: SWEEP COURSE, BLOCK CORNER.

POWER I

14 BLAST DRAW VS. 5-3

O-LINE: MAN BLOCKING. IF UNCOVERED, WORK BACKSIDE. HANG 2 PLAYSIDE BACKERS.

QB: DROP BACK, SELL PASS, FOLLOW LEAD BLOCKERS.

TE’S: BLOCK END TO 2ND LEVEL. HANG 2 PLAYSIDE BACKERS.

2 BACK: BLOCK FORCE DEFENDER TO MOST DANGEROUS MAN.

3 BACK: LEAD BLOCK ON 1ST LB PLAYSIDE.

4 BACK: LEAD BLOCK ON 2ND PLAYSIDE LB.

POWER I

24 BLAST PASS FLOOD

O-LINE: SLIDE PROTECTION WEAK.

QB: FAKE BLAST HANDOFF, READ CORNER TO FLAT. BACKSIDE HITCH IF HOT VS BLITZ.

TE’S: 6-8 YARD CORNER.

X: 5 YARD HITCH. HOT.

2 BACK: FAKE 24 BLAST, BLOCK EDGE.

3 BACK: FAKE 24 BLAST, RUN 1 YARD FLAT ROUTE.

4 BACK: BLOCK 1ST THING OFF TACKLES EDGE.
**TIGHT WISHBONE**

**18 SWEEP VS. 4-4 SPLIT**

O-LINE: ZONE BLOCKING. HANG PLAYSIDE 2ND LEVEL DEFENDER FOR FULLBACK.

QB: OPEN WEAKSIDE, FOLLOW BLOCKERS ON SWEEP COURSE.

TE’S: SAME RULES AS O-LINE.

2 BACK: BLOCK CORNER.

3 BACK: SWEEP COURSE, BLOCK MOST DANGEROUS MAN.

4 BACK: BLOCK PLAYSIDE 2ND LEVEL DEFENDER.

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**TIGHT WISHBONE**

**34 CROSS LEAD VS. 6-2**

O-LINE: MAN BLOCKING. HANG PLAYSIDE 2ND LEVEL DEFENDER FOR FULLBACK.

QB: OPEN PLAYSIDE, HAND OFF TO 3 BACK, BOOT AWAY.

TE’S: SAME RULES AS O-LINE.

2 BACK: CROSS BLOCK BACKSIDE.

3 BACK: LEAD COURSE, TAKE HANDOFF.

4 BACK: LEAD BLOCK ON FIRST DEFENDER ON THE 2ND LEVEL PLAYSIDE.

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**TIGHT WISHBONE**

**FAKE 42 WEDGE Y POP PASS**

O-LINE: WEDGE BLOCKING.

QB: FAKE FB DIVE, STAY LOW, DUMP PASS TO Y.

TE’S: FAKE WEDGE BLOCK, THEN RELEASE TO OPEN AREA. F: WEDGE BLOCKING.

2 BACK: FAKE SWEEP WEAKSIDE.

3 BACK: BLOCK 1ST THING OFF TACKLES EDGE.

4 BACK: FAKE DIVE, BLOCK FIRST THING TO SHOW.
**SHOOT 18 KEEP VS. 5-2**

**O-LINE:** ZONE BLOCKING. IF UNCOVERED, DOUBLE TEAM PLAYSIDE TO 2ND LEVEL. HANG WIDEST DEFENDER OF THE L.O.S.

**QB:** RUN 18 SERIES COURSE, FAKE HANDOFF TO 4 BACK. KEEP AND RUN TO DAYLIGHT.

**Z:** BLOCK CORNER.

**X:** BLOCK CORNER.

**2 BACK:** SAME RULE AS O-LINE. BLOCK THE WIDEST ON L.O.S.

**3 BACK:** GO IN SHORT MOTION. RUN SWEEP OPTION COURSE. KEEP GOOD RELATION TO QB.

**4 BACK:** RUN 4 HOLE COURSE. FAKE HANDOFF.

---

**SHOOT 34 LEAD VS. 4-4**

**O-LINE:** MAN BLOCKING. HANG 2 PLAYSIDE BACKERS FOR THE PULLERS.

**PULLING GUARD:** PULL FOR 1ST PLAYSIDE BACKER.

**PULLING TACKLE:** PULL FOR 2ND PLAYSIDE BACKER.

**QB:** OPEN PLAYSIDE, HAND OFF TO 4 BACK AND FOLLOW 3 BACK WEAKSIDE.

**Y:** BLOCK CORNER.

**F:** BLOCK CORNER.

**2 BACK:** CUT OFF INSIDE DEFENDER.

**3 BACK:** GO IN SHORT MOTION. RUN SWEEP COURSE WEAKSIDE.

**4 BACK:** JAB STEP(S) WEAKSIDE, LET 3 BACK CLEAR AND COME OFF HIS BACK PLAYSIDE FOR HANDOFF.

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**SHOOT MAX DEEP PASS**

**O-LINE:** MAN BLOCKING.

**QB:** 5 STEP DROP. READ GO ROUTE TO DEEP POST.

**Y:** RUN GO ROUTE.

**F:** RUN DEEP POST.

**2 BACK:** BLOCK HEAD UP TO INSIDE GAP.

**3 BACK:** GO IN SHORT MOTION. BLOCK ANYTHING THAT SHOWS.

**4 BACK:** BLOCK BACKSIDE OFF TACKLES EDGE.
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